

## Test-taking Skills

### Activity 1 – Help!

Read the situations below. Look for causes and solutions in each situation. Write down what you feel the cause of each situation might be. Then write down a solution you feel might make the situation better. Use Worksheet 1 to help you complete this form.

I'm Juanita, and I'm close to failing two subjects. I want to pass so badly and I try harder and harder. I check with my teacher constantly about when the next test will be, then I study hard and worry about it each night. As the test gets closer, I get more and more nervous. I worry, "Can I pass this test? What if I mess up like I did the last time? Have I studied enough?" By the time I go take the test, I am almost shaking and have already decided there is no way that I will pass.

What is Juanita doing wrong?

How can Juanita improve her test scores?

Hi, kids! My name is Carolyn. Science is fun. I talk to the boy behind me, write notes to my friend Renee, or look out the window to see who is passing by. When the teacher calls on me for an answer to a question, I usually just say, "Huh?" and everyone laughs. A big test is coming up and one of my friends asked me if I was going to pass it. I just shrugged my shoulders and said, "I don't know. Who cares?" But I'm really a little scared.

What is Carolyn doing wrong?

How can Carolyn improve her test scores?